

Sheet1

KK=both	FirstName	LastName	Town	Club	Cat	Gender	Notes
	brian	appleby	preston		Vet 60	male	100km
	ANDREW	BARKER	PRUDHOE		Vet 50	male	100km
	Craig	Barnes	Kendal	Team Erdinger		male	100km
	John	Barron	Kendal	Team Erdinger	Vet 40	male	100km
KK	Dan	Barry	Penrith	Elite Fitness	Vet 70	male	100km
	Richard	Bastow	Keighley		Vet 40	male	100km
KK	Nicholas	Beare	Liverpool		Vet 40	male	100km
KK	stephen	blackwell	frizington			male	100km
KK	Phil	Blanshard	Penrith		Vet 60	male	100km
	Jenny	Bryce	Nairn	Nairn Road Runners	Vet 40	female	100km
	Sally	Buckworth	Guisborough		Vet 40	female	100km
	Jimmy	Campbell	Penrith	Team Sin City	Vet 50	male	100km
	Geoffrey	Carter	Cockermouth		Vet 40	male	100km
	Andrew	Carter	Whitehaven		Vet 40	male	100km
	Stephen	Casson	Frizington		Vet 50	male	100km
KK	Karen	Chadwick	Pontefract		Vet 40	female	50km
	Richard	Clarke	Whitley Bay		Vet 40	male	100km
	John	Clasper	Penrith		Vet 50	male	100km
KK	jill	colbert	manchester	manchester triathlon	Vet 40	female	100km
KK	Chris	Cunliffe	Bolton			male	100km
	Gareth	Dent	Gretna			male	50km
	Steven	Dixon	Ambleside		Vet 40	male	100km
KK	Clare	Dixon	Newcastle Upon Tyne			female	100km
KK	Emma	Dixon	Newcastle			female	100km
	Philip	Donnison	Kendal		Vet 50	male	100km
KK	Ben	Dowman	Kendal			male	100km
	christopher	ellwood	north shields		Vet 40	male	100km
	Angie	Evans	Skipton		Vet 50	female	100km
	Gareth	Evans	Skipton		Vet 50	male	100km
KK	Paul	Felton	Leeds		Vet 40	male	100km
	Craig	Ferguson	Shap			male	100km
KK	david	grimes	moreton		Vet 60	male	100km
	mark	harris	carlisle			male	100km
	Richard	Harris	Carlisle			male	100km
	Martyn	Harris	Workington			male	50km
KK	stephen	harthan	liverpool	mossley hill A/C		male	100km
	Sharon	Hayes	Preston		Vet 50	female	100km
	Peter	Hayes	Preston		Vet 50	male	100km
KK	CLIVE	HEAP	Kendal		Vet 60	male	100km
	Peter	Heneghan	Cartmel	Horwich RMI Harriers	Vet 70	male	50km
KK	Alex	Heron	Penrith		Vet 50	male	100km
	Peter	Hill	Dumfries	Dumfries Running Club	Vet 60	male	100km
KK	Alan	Hill	Wilmslow	Cyclesport International	Vet 60	male	100km
	Alastair	Hill	Wilmslow			male	50km
KK	David	Holme	Penrith		Vet 40	male	100km
	Peter	Hunt	Lowdham	Southwell RC	Vet 50	male	100km
KK	Andrew	Kane	Newcastle upon Tyne		Vet 40	male	100km
	Patrick	Lee	Billinge	St Helens Striders	Vet 40	male	100km
KK	Andy	Lewsey	Hythe			male	100km
	Frank	Livesey	Preston		Vet 60	male	100km
	Andy	Lloyd	Penrith		Vet 50	male	100km
KK	Duncan	Loch	Hilderstone		Vet 50	male	100km
	Chris	Lockley	Penrith		Vet 50	male	100km
	colin	lovell	froncysyllte		Vet 50	male	50km
	Kate	Madigan	Manchester			female	100km
	Christopher	Margis	Manchester			male	100km
	Timothy	May	Balerno	Peebles CC	Vet 50	male	100km
	gavin	mccrindle	newcastle upon tyne	muddybums mtb	Vet 50	male	100km
KK	Angus	McKendrick	Kendal			male	100km
	Gary	McMahon	Nottingham		Vet 50	male	100km
	fred	means	oxford		Vet 60	male	100km
	mark	mellis	worsley		Vet 50	male	100km
	Jacky	Mellis	worsley		Vet 50	female	100km

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	Keith	Melvin	Carlisle			male	100km
	David	Norton	Cross Hills	Paralytic pedlars	Vet 50	male	100km
	Marta	Omedes-Pujol	Newcastle upon Tyne			female	100km
	John	Osborne	High Bentham	Settle Harriers	Vet 40	male	100km
KK	Csilla	Pasztor	London			female	100km
	Miriam	porter	Cockermouth		Vet 40	female	100km
	Mark	pyburn	Stocksfield		Vet 50	male	100km
	Simon	Rhodes	Penrith		Vet 50	male	100km
	gary	richardson	newcastle			male	100km
	William	Richardson	Standish		Vet 40	male	100km
	Charlotte	Richardson	Penrith			female	100km
KK	DAVID	RUFFLES	YORK		Vet 50	male	100km
	Darren	Russell	Penrith		Vet 40	male	100km
	Sue	Savege	Penrith		Vet 50	female	100km
KK	Jim	Savege	Penrith		Vet 40	male	100km
	Leonard	Scott	Penrith		Vet 60	male	100km
	brian	sims	kendal	Kent Valley RC	Vet 60	male	100km
KK	Graeme	Slack	Pontefract		Vet 50	male	50km
	Lee	Smith	Newcastle Upon Tyne		Vet 40	male	100km
	Andrew	Smith	Warrington		Vet 40	male	100km
	Mark	Smyth	Carlisle			male	100km
KK	David	Sorrigan	Manchester			male	100km
	Jayne	Southwell	Garstang		Vet 40	female	100km
	Gary	Southwell	Garstang	Fenton Fitness	Vet 40	male	100km
	martin	southwick	scunthorpe	n/a	Vet 50	male	100km
	Barrie	Spence	Stockton on Tees		Vet 50	male	100km
	Gary	Spriggs	St.Helens		Vet 40	male	100km
	Kevin	Stalker	Prudhoe		Vet 50	male	100km
	Jim	Stark	Melrose	Gala CC	Vet 50	male	100km
	Caran	Stephenson	Skipton	Skipton Cycling Club	Vet 40	female	100km
KK	Steve	Trudgeon	Harrogate	Harrogate Harriers	Vet 50	male	100km
	Andrew	Turvey	Penrith		Vet 50	male	100km
	Mark	Vause	Penrith	Elm House Pooley Bridge	Vet 40	male	100km
KK	David	Veasey	Nuneaton		Vet 40	male	100km
	James	Walton	Penrith		Vet 40	male	100km
	Nicholas	Ward	Newcastle Upon Tyne			male	100km
KK	Nick	Wharton	KENDAL		Vet 50	male	100km
KK	Jason	Wheeldon	Leeds		Vet 40	male	100km
KK	Phil	Whitehurst	Kendal		Vet 50	male	100km
KK	Tim	Whiteley	Lancaster	LuneRCC	Vet 40	male	100km
KK	Ian	Williams	Cheltenham			male	100km
	Alistair	Wilson	Kendal		Vet 40	male	100km
	Si	Withington	Kendal			male	100km
	andrew	wood	penrith		Vet 40	male	100km
	Sarah	Wood	Stockport			female	50km
	Matthew	Wood	Stockport			male	50km
	Simon	Wright	Keighley	Bingley Harriers	Vet 40	male	100km
	chris	young	newcastle upon tyne		Vet 40	male	100km