

www.lakelandrides.com **Hartside Hundred 100km Route Card**

Description	Comments	Signs	Distance
From Frenchfield Sports centre turn R onto lane			0km
Turn R at top by Cross Keys pub		NCN 7	0.7km
Turn R after traffic lights onto B686	Care		0.7km
Take 1 st L uphill to T junc turn L			1.0km
Take 1 st R		Roundthorn	2.5km
T junc turn L		C2C 7	6.3km
Take 1 st R		Langwathby/C2C 7	7.0km
T junc L onto A686	Care	Langwathby/C2C 7	7.9km
Over bridge, use cycle lane			8.3km
Take 1 st L		Little Salkend/C2C 7	8.6km
Under railway bridge, straight on		Glassonby/C2C 7	10.6km
Rd swings R uphill		Glassonby/C2C 7	11.4km
Turn R		Gamblesby/Alston/C2C 7	13.7km
Take 1 st L		C2C 7	14.5km
X rds straight on		Renwick/C2C 7	15.6km
X rds straight on		Alston (on road) 7/Renwick	18.1km
T junction turn R	Care muddy rd	C2C 7/Renwick	19.7km
Take 1 st R		C2C 7/Gamblesby/Melmerby/Alston	19.9km
Straight on	Care tight bends	Haresceugh/Alston PCW 68/NCN 7	20.5km
Turn L onto A686	Care busy rd, tight bends	C2C 7/PCW 68/Alston	24.5km
Follow A686, passing Hartside Top café	Care busy rd, tight bends		26.9km
Turn R	Care	C2C 7/Leadgate/Carrigill	32.2km
T junc turn L		C2C via Alston	33.8km
T junc turn R onto A686	Care		35.9km
Cross river, straight on		PCW 68/Hexham A686	36.4km
Turn L		PCW 68/Kirkhaugh Church/Randalholm	37.9km
Over cattle grid, church on L	Care, narrow lane, steep climb		41.7km
Rd swings L		Barhaugh/Slaggyford/NCN 68	42.6km
Pass Robin Wood Activity Centre, over bridge, tight L bend	Care, steep hill		42.8km

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Over 2 x cattle grids, swing L to bridge		NCN 68	44.6km
T junc turn R onto A689		NCN 68	44.7km
Straight thru Slaggyford			45.3km
X rds turn R to Knarsdale Hall	Checkpoint – Food/Drink	Haltwhistle	46.7km
Turn L out of CP follow lane, Kirkstyle Inn on L			47.0km
Cross 2 x bridges, rd swings R uphill		Haltwhistle/Croanwood	48.7km
T junc turn L		Brampton/Alston A689	53.0km
T junc turn R	Care	Brampton/Halton Lea Gate A689	56.2km
Straight thru Midgeholme			59.7km
In Hallbankgate turn L at the Belted Will Inn		Talkin/Castle Carrock	66.1km
Straight on		Talkin	66.9km
T junc turn L		Talkin/Castle Carrock	69.7km
Straight thru Talkin, Blacksmiths Arms on L		Castle Carrock/Carlisle	69.9km
Turn L		Castle Carrock/Cumrew	70.7km
T junc turn L onto B6413	Care	Castle Carrock/Lazonby	71.3km
Rd swings R		Lazonby/Newbiggin	72.7km
Turn R		How Mill/Armathwaite	
Straight on		Cumwhitton/Ainstable /Armathwaite	73.7km
Turn R		Holmwrangle/Armathwaite/Penrith	80.3km
T junc turn R		Armathwaite/Kirkoswald	83.3km
Fox and Pheasant on L, rd swings L			83.8km
T junc turn L		High Hesket/Penrith	84.0km
Straight on under railway bridge, turn L		Penrith/Carlisle A6	85.1km
Take 1 st L uphill		Baronwood/Lazonby	85.3km
Straight to Lazonby avoiding all turns			93.1km
T junc turn R		Station/Plumpton/Carlisle	93.1km
Under railway bridge, take 1 st L,		Penrith/Great Salkend	93.3km

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uphill on B6412			
Straight thru Great Salkend, past Nunwick Hall on L			96.3km
Turn R onto lane	Care muddy rd	NCN 7	100.0km
T junc turn L		Carleton/Langwathby	103.9km
Take 1 st R		Carleton/Penrith	104.2km
T junc turn R onto A686	Care		105.3km
Before traffic lights, bear L in front of Cross Keys Inn		NCN 7	105.7km
Turn L onto lane to Frenchfield Leisure Centre	Finish	NCN 7	106.3km

Emergency Contact Numbers: 07786237822/07968836549